

## **Resistance and Transformation:**

### **UU Social Justice History**

**Facilitator:** Rev. Nori Rost

**When:** 2nd and 4th Wed; 7-9 pm; Nov. 9-May 9

**Where:** RE Assembly Room

Grounded in the belief that even "failures" in our history can be instructive, this program presents the ongoing struggle of our tradition to live up to its ever-evolving ideals of social transformation. Themes include abolition, peace-making, civil rights, free speech, utopianism, counter-culture, the women's movements of both 19th and 20th centuries, sexuality education, and LGBT equality.

### **Building Your Own Theology**

**Facilitator:** Larry Norfleet and Pam Scully

**When:** Two Sundays a month; Noon-2pm  
**See Angela for specific days. Nov. 6-first meeting**

**Where:** RE Assembly Room

Based on the assumption that everyone is their own theologian, this classic UU adult education program invites participants to develop, understand and articulate their own personal credos. Very often our UU churches are composed of individuals who have left a faith tradition and we must provide an opportunity for developing a new theology within our UU principles. The curriculum is designed to provide a systematic, disciplined, and communal approach to the process of building a new theology on the residue of the old.

### **Men's Group**

**Facilitator and FMI:** Ed Benn, 550-9934

**When:** Last Thursday of the month; 7-9 pm: ongoing

**Where:** location changes

The Men's group meets monthly and discusses a variety of topics determined by the group. Participants share they have grown through honest and frank discussions that could never happen in a mixed gender group.

### **Evensong for Families**

**Facilitator:** Angela Sullivan

**When:** Starting in January

Evensong is a series of 8 gatherings open to all families and including all family members. Participants will get to know other families, learn more about their own faith and create family rituals and a covenant.

### **Spirit in Practice**

**Facilitator:** Christy Stettler and Joy Oliver

**When:** Starting in January

*Spirit in Practice* was created to help UUs develop regular disciplines, or practices, of the spirit—practices that help them connect with the sacred ground of their being, however they understand it. *Spirit in Practice* affirms religious diversity while seeking unity in our communal quest for meaning and wholeness.

Whether participants follow a path they identify as Humanist, Jewish, Christian, Pagan, Theist, Atheist, Agnostic, Mystic, and/or any of the other paths we follow in our diverse congregations, the *Spirit in Practice* workshops offer a forum for learning, sharing, and growth that can enrich their faith journeys.

## All Souls Unitarian Universalist Church

### Covenant Groups

2011-2012



Covenant, most simply, means to  
“come together by making a  
promise”

Join in the journey of spiritual  
growth and acceptance of one  
another through covenant group  
participation.

## What are Covenant Groups?

- Covenant Groups are intentionally formed, relational groups of 8-12 people whose members explore the “big questions” (and some little ones).
- Covenant Groups provide a forum for members to articulate their values and their understanding of what gives meaning to their lives.
- Covenant Groups create their own covenant (promise) about how they will “be” with one another and serve as a caring network for members.
- Covenant Groups build and strengthen All Souls UU Church as members deepen their relationships and become more connected to the larger church community.
- Covenant Groups are attended by a trained facilitator who is also a member of the group.
- Covenant Groups meet once or twice/ month for two hours.

Our 2011-2012 covenant groups will be primarily curriculum-based. We hope that individuals will participate and then remix and form new covenant groups that decide together the topics they would like to explore. We encourage individuals to form new groups after 2-3 years to nurture relationship building with all members and friends of All Souls.

## Registration

Covenant group registration sheets can be found at the RE Table in the Small Hall. Please let Angela know if childcare is needed for you to participate.

## What Responsibilities Do Covenant Group Members Have?

- Commit to attend all meetings
- Let your facilitator know when you cannot attend
- Arrive on time and help the group to end meetings on time
- Be present in mind, body and spirit
- Work with other group members to create a living covenant for your group
- Be open to knowing others; open to knowing yourself
- Maintain confidentiality as defined in your group’s covenant
- Care for and minister to each other
- Continue to discover the meaning of the Unitarian Universalist principles and live them in your life

**For more information and to register please contact DRE Angela Sullivan, [angela@asuuc.net](mailto:angela@asuuc.net) or 930-7914.**

## Covenant Group Descriptions

### Newcomer Group

**Facilitator: Bonnie Phinney**

**When: 1st and 3rd Wed; 6:30-8:30;  
Nov. 2-April 4**

**Where: RE Assembly Room**

Open to new members, friends and visitors who want to share their own story, help others grow in their spiritual journeys, and be willing to listen responsively to others. The first five sessions will help you articulate your values and connect you to other newcomers and the All Souls community. The second five sessions will give you a better understanding of UUism by focusing on the spiritual disciplines of Liberal Religion, based on a class, entitled *A Bright and Spirited Path*.

### Writer's Group

**When: 2nd and 4th Thursdays; 4-6pm**

**Where: All Souls member home**

**For More info: Jo Winn,  
[jo.winn@gmail.com](mailto:jo.winn@gmail.com)**

The Writer's covenant group is a casual group that welcomes veteran and new writers. At the end of each session a suggested writing prompt is agreed upon and the next meeting is spent sharing individual writing pieces and receiving feedback.

### All Souls Book Club

The book club will meet 10/19 to set the meeting dates for the rest of the year. For more information about the group please contact Deborah Bonifas 471-7119.