



Do we have your attention now?

For the very first time in Southern Colorado, All Souls & High Plains will be presenting *Our Whole Lives (OWL) for Adults*, age 35 and up. This groundbreaking class will be 12 weeks long and the location of the classes will be divided between both churches. The facilitators will be Larry Norfleet and Dianne McRae. Classes will be held on Thursdays from 7-9 pm on the following dates: August 20th & 27th, September 3rd, 10th, 17th, 24th, October 22nd & 29th, November 5th, 12th, 19th, and December 3rd. Because of the nature of this class, attendance to all sessions is expected. The cost will be \$60. Financial aid is available. Babysitting can be arranged with advanced notice and the cost pooled among participants. Topics will include:

- Sexuality and Values
- Sexuality and Communication
- Sexuality and Spirituality
- Discovering the Sexual Self
- Experiencing the Sexual Other
- Sexual Attraction and Early Relationships
- Sexuality and Developing Relationships
- Sexuality and Committed Relationships
- Sexual Diversity
- Sexuality and Family
- Sexuality and Aging
- Sexual Health

The class will be limited to 16 so make your reservations now with our on-line registration at https://secure.jotform.us/HighPlainsDFF/Adult_Ed_Registration. Email Laurie@asuuc.net with any questions.