

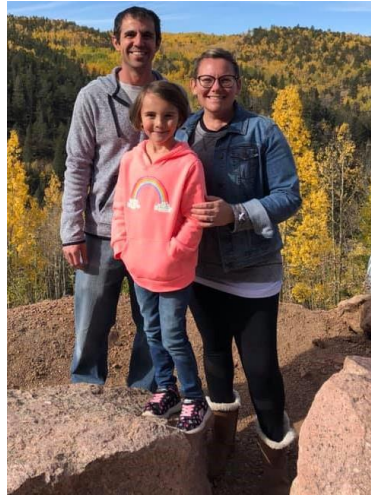
All Souls Religious Exploration Team

This team works collaboratively with the Director of Religious Exploration (DRE) and meets periodically to plan and coordinate the religious exploration program and activities. For further information on this group, please contact Beth at DRE@asuuc.net.

DRE

Beth Green is our Director of Religious Exploration (DRE) overseeing curriculum and programming for our children and youth. Beth lives in Colorado Springs with her husband, Steven, and daughter, Kellyn. She is passionate about working with children and is truly in awe of our wonderful UU kids.

Email: DRE@asuuc.net



OWL Program Director



Erika Fore is our OWL (Our Whole Lives) Program Director. Erika brings in several years of health, sexuality and relationship coaching. She's passionate about teaching and believes access to comprehensive sexuality education is a necessary part of social and reproductive justice. Email: OWL@asuuc.net

All Souls Unitarian Universalist Church 2019- 2020



Religious Exploration program
for children and youth

Sunday Morning Schedule

10:00 to 11:45 – Nursery & Pre-K (Earth Room)

10:30 to 11:45 – K-6th grade RE classes (Air & Fire Rooms)

10:30 to 11:45 – 7-12th grade Youth Group (Water Room)

All Souls Religious Exploration Children and Youth Mission

To create a warm and inclusive environment where all participants learn what it means to be a Unitarian Universalist, understand the principles of our faith, and have the opportunity to put those principles into practice.

At All Souls, our Religious Exploration program provides a friendly and welcoming place where children and youth can explore and make discoveries about religion and Unitarian Universalism. We strive to create opportunities to awaken souls, deepen questioning, and appreciate the mysteries of life and the universe. As parents, you are your children's primary religious educators and we invite you to become fellow seekers with them.



Children's Version of the 7 Principles

We believe:

Each person is important

be kind in all you do

WE'RE FREE TO LEARN TOGETHER

And search for what is true

All people need a voice

BUILD A FAIR AND PEACEFUL WORLD

We care for Earth's lifeboat



About RE

~ No registration fee! RE donations are always welcomed and very appreciated.

~ Volunteers are always welcomed and needed! We ask each family to consider volunteering a minimum of 4 times a year (Sept-Aug). We can't do it without you!

~ Check-in every Sunday at the RE table in the Small Hall. All children 3rd grade and younger must be signed in & out by a parent or guardian.

~ Snacks are not typically part of Sunday mornings classes but please let us know if your child has any food allergies or restrictions.



Children and Youth

Our children and youth start in the Great Hall every Sunday. (Nursery children are welcome in their room upon arrival). The kids participate in the Worship Service for about 15 minutes which includes a "Story For All Ages." They are then "sung out" to go to their age-appropriate classes which end at **11:45 am**.



Earth Classroom (Nursery & Pre-K)

This room is open from 10:00 am to 11:45 am. Loving, experienced care is provided by our professional childcare staff. Parent and guardians are asked to supply labeled bottles, sippy cups, and diapers for their child. Please check in with our childcare staff and sign in and out every time your child is in the Earth Classroom.

This class embraces the individual child and focuses on learning about our world through stories, art, and lots of play! We have monthly themes that correlate with the entire church. We also have a wonderful playground we can use when weather permits.



Air Classroom (K-3rd) & Fire Classroom (4-6th)



These 2 classrooms in Religious Exploration will focus on 3 different elements throughout the year: *Being UU*, *Contemplate This!*, and *Team Game Days*.

Being UU

Being UU will lift up Unitarian Universalism and its 7 principles. This year we are using *Soul Matters* curriculum, which focuses on a monthly theme which is carried throughout the entire church.



Contemplate This!



Contemplate This! days will emphasize being present and in the moment through many activities including yoga, drumming circles, breathing exercises, labyrinth walking, meditative art and other adventures; some quiet & some loud. Our goal will be to develop our self-calming skills while improving our physical, mental and emotional health.

Team Game Days

Team Game Days will continue this year with a mix of field trips and activities at the church. We have quite a variety planned including ice skating, interactive and team

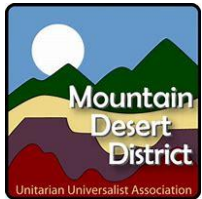


building games, and an end of year field trip!



Youth Group/Water Classroom (7-12th grade)

Young Religious Unitarian Universalist (YRUU) is a program designed to strengthen bonds with each other, our church, and our community while having fun and exploring ways to live out our UU principles. This year, Youth Group will be keeping with the church wide monthly theme discussing topics from *Soul Matters*. We meet during church with special gatherings at other times. Friends are welcomed and encouraged!



Mountain Desert District (MDD) Youth Conference (CON)

District Youth Conferences are held throughout the year. These CONS are held at different UU churches and are wonderful opportunities for youth worship, community building, and self-discovery. All Souls youth will become part of the larger UU community when they participate in these MDD sponsored overnight. Youth must be active at All Souls to participate in the District CONS.

Spirit Quest & Quest

These are district, week-long summer camps for middle school through high school youth. Typically, they are held the first week of July at La Foret in Colorado Springs. Dates TBA.



Coming of Age (CoA)

This program is designed to assist our youth in exploring their own personal beliefs and theology. It culminates in the creation of their own personal credo!

Our Whole Lives (OWL)



OWL is a comprehensive, developmentally appropriate, sexuality education program developed by the UUA. OWL promotes informed and responsible decision-making, and sexual and emotional health in our communities. It fosters meaningful dialogue and parent-child communication. Grounded in a holistic view of sexuality, Our Whole Lives provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. This year All Souls will be presenting OWL class for K-2nd and 4-6th grade starting this winter.

